



MPX (MONKEYPOX)

4 THINGS YOU CAN DO IF YOU ARE EXPOSED

TALK TO A Healthcare Provider

about the MPX (Monkeypox) Vaccine



Getting the MPX Vaccine after an exposure is called a Post Exposure Prophylaxis (or PEP) and should be received within 14 days after exposure. The sooner you get it the better. It can help reduce severity of symptoms.

WATCH FOR SYMPTOMS FOR 3 WEEKS



...Especially Rashes!
For a full list of potential symptom combinations, visit:

wellbeing.ucsb.edu

SEE A

HEALTHCARE PROVIDER
IF YOU DEVELOP A RASH



Your provider can discuss treatment options with you including drugs, topical treatments and more! Each person can have different needs.

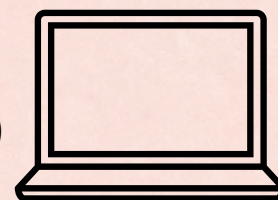
IF YOU HAVE MPX ISOLATION IS RECOMMENDED



If you have MPX, it is recommended to isolate for the duration of the illness (typically 2-4 weeks).

If you can't isolate, it's important to cover rashes with clothing, wear a tight fitting mask, avoid sharing items with others, and wash hands with soap and water regularly (or use an alcohol-based hand sanitizer).

MORE MPX (MONKEYPOX) INFORMATION



VISIT

wellbeing.ucsb.edu

