UC MPX Info (Monkeypox)

**MPX (MONKEYPOX)**

4 THINGS YOU CAN DO IF YOU ARE EXPOSED

**TALK TO A Healthcare Provider about the MPX (Monkeypox) Vaccine**

Getting the MPX Vaccine after an exposure is called a Post Exposure Prophylaxis (or PEP) and should be received within 14 days after exposure. The sooner you get it the better. It can help reduce severity of symptoms.

**WATCH FOR SYMPTOMS FOR 3 WEEKS**

...Especially Rashes! For a full list of potential symptom combinations, visit: wellbeing.ucsb.edu

**SEE A HEALTHCARE PROVIDER IF YOU DEVELOP A RASH**

Your provider can discuss treatment options with you including drugs, topical treatments and more! Each person can have different needs.

**IF YOU HAVE MPX ISOLATION IS RECOMMENDED**

If you have MPX, it is recommended to isolate for the duration of the illness (typically 2–4 weeks).

If you can’t isolate, it’s important to cover rashes with clothing, wear a tight fitting mask, avoid sharing items with others, and wash hands with soap and water regularly (or use an alcohol-based hand sanitizer).

**MORE MPX (MONKEYPOX) INFORMATION**

Visit wellbeing.ucsb.edu