

GENDER AFFIRMING PRODUCTS



wellbeing
UC SANTA BARBARA

resource center for
SEXUAL & GENDER DIVERSITY
UNIVERSITY OF CALIFORNIA SANTA BARBARA

Contains graphic images
All body parts pictured are prosthetic

CHEST BINDER
A COMPRESSION UNDERGARMENT USED TO FLATTEN ONE'S CHEST. *SHOULD ONLY BE WORN FOR 8-10 HRS AT A TIME!

BINDING TAPE
A SKIN-SAFE TAPE USED TO TEMPORARILY FLATTEN OR RE-SHAPE CHEST TISSUE. ONE APPLICATION LASTS MULTIPLE DAYS. *DO NOT WRAP FULLY AROUND RIBCAGE.*

MEDICAL

AUTOINJECTOR
A SPRING-LOADED DEVICE USED TO INJECT ONESELF WITH MEDICATION, SUCH AS HORMONES.

SHOTBLOCKER
A PRICKLY TOOL THAT DISPERSES THE PAIN OF INJECTIONS.

DILATORS
ROUNDED, TUBULAR DEVICES INSERTED INTO THE VAGINA OR ANUS TO GENTLY STRETCH THE TISSUE. MUST USE AFTER A VAGINOPLASTY. *NOT SEX TOYS.*

TUCKING
CONCEALING/FLATTENING ONE'S BULGE BY TUCKING THE PHALLUS BACK BETWEEN THE LEGS & SLIDING THE TESTES UPWARDS INTO THE INGUINAL CANALS.

GAFE/TUCKING UNDERWEAR
COMPRESSION GARMENT DESIGNED TO HOLD ONE'S GENITALS IN PLACE WHILE TUCKING. CAN BE HOMEMADE.

TUCKING TAPE
WATERPROOF, SKIN-SAFE TAPE USED FOR TUCKING. GOOD FOR SWIMWEAR & TIGHT CLOTHING.

SEX TOYS

WIGS
DETACHABLE HEAD COVERINGS MADE FROM REAL OR SYNTHETIC HAIR.

TRANS-FRIENDLY SEX TOYS
A VARIETY OF SEX TOYS USED BY TRANS FOLKS. SOME HELP EASE DYSPHORIA WHILE OTHERS ARE SPECIFICALLY DESIGNED FOR BODIES THAT HAVE UNDERGONE HORMONE REPLACEMENT THERAPY (HRT) OR GENDER-AFFIRMING SURGERIES.

PACKER
A PHALLIC OBJECT USED TO CREATE A BULGE IN ONE'S PANTS.

STP (STAND TO PEE)
A FUNNEL-LIKE PROSTHETIC DEVICE USED TO URINATE FROM A STANDING POSITION. SOME LOOK LIKE PENISES.

PENIS PROSTHETIC
A REALISTIC, PROSTHETIC PENIS. MAY COME WITH CUSTOMIZABLE OPTIONS FOR COLOR, HARDNESS, ADHESIVE, OR FUNCTION.

MAKEUP

MAKEUP/COSMETICS
PIGMENTED PRODUCTS APPLIED TO THE FACE OR BODY, MOST COMMON GENDER PRODUCT.

PADDING
FOAM OR SILICONE PADS THAT ADD CURVES TO THE BUTT OR HIPS.

SHAPEWEAR
RESHAPING GARMENTS THAT CREATE OR DIMINISH CURVES. (EX: CORSETS, SPANX, PUSH-UP BRAS, ETC.)

BREASTFORMS
PROSTHETIC BREASTS MEANT TO SIMULATE THE WEIGHT, SIZE, OR SHAPE OF BREAST TISSUE. CAN VARY WIDELY IN REALISM, MATERIAL, AND FEEL.

SOFT INSERTS
SILICONE

NIPPLE PROSTHETICS
REALISTIC, PROSTHETIC NIPPLES. OFTEN USED AFTER A MASTECTOMY.

BINDING

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WIGS

SHAPING